



## **TERRAKEKA HEALTH PROGRAM, SOUTH SUDAN SITUATION REPORT**

### **1. General**

The Health Program in Terekeka was conceptualized after feasibility and needs assessment in collaboration with Central Equatoria Ministry of Health, Terekeka County Ministry of Health and ADRA (international NGO and a local partner of the County Ministry of Health). The program consists of three components:

1. Three sessions of refresher courses in various topics that took place in Naivasha Guest House in Terekeka.
2. Train-of-Trainer course for a selected local medical personnel.
3. Equipping the health facilities in Terekeka County.

### **1.1. Training sessions**

#### **Session 1**

Dates: 8-12 September 2014; 16-19 September 2014

Trainer: Lotte Ben Gal – Midwife/Nurse, MPH, BSc in Tropical Medicine, Soroka Hospital

Topics taught:

- Hygiene at a health facility
- Immunization policy and safety
- Hygiene and sanitation at home
- Infectious diseases

#### **Session 2:**

Dates: 27-31 October 2014; 3-7 November 2014

Trainer: Noam Lavi – Physician, Hadasa Hospital

Topics taught:

- Prevention of accidents and record keeping
- Recognition and treatment of neglected tropical diseases
- Recognition and treatment of chronic diseases
- First aid and Basic Life Support



## **Session 3**

Dates: 17-21 November; 24-28 November 2014

Trainer: Lotte Ben Gal – Midwife/Nurse, MPH, BSc in Tropical Medicine, Soroka Hospital

Topics taught:

- Maternal health: pre-natal, natal and post-natal
- Family planning
- Nutrition
- Child health
- Wound care and bandages
- Gender Based Violence and coping mechanism in health facilities

### **1.2. Participants**

The training was conducted in small groups of a maximum of 27 participants from different medical professional, background and education level.

	<b>TOTAL</b>
<b>CLINICAL OFFICER</b>	11
<b>NURSES</b>	6
<b>NURSE/MIDWIFE</b>	2
<b>MIDWIVES</b>	11
<b>TRADITIONAL BIRTH</b>	2
<b>LAB TECHNICIAL</b>	1
<b>PUBLIC HEALTH</b>	2
<b>COMMUNITY HEALTH WORKERS *</b>	24
<b>VACCINATORS *</b>	7
<b>TOTAL</b>	66

\* Because of lack of professional personnel in the county many of the Primary Health Care Units are managed by Community Health Workers with the help of Vaccinators.

### **1.3. Facilitation techniques**

- The facilitation was participatory with the aid of PowerPoint presentations and various practical activities, such as: group discussion, group presentations, raising awareness on various topics in the local schools, vaccinating babies in the local hospital etc.
- Handouts of all three sessions were distributed to the participants and posters to be hung in the health facilities.
- Participatory certificates were given to the participants.



## **1.4. Measurement and Evaluation**

### Pre-Post tests

The participants received pre and post tests to evaluate their understanding and knowledge and showed great results.

### Training evaluation form

At the end of each training session every participant was asked to fill in an evaluation form. The participants showed satisfaction of the trainers and the learnt material with approximately 70% of them asked for more training.

## **2. Train-of-Trainer (ToT)**

The ToT course will take place on 9-12 December 2014 in Terekeka for 8 selected medical personnel from different geographical municipal areas (Payams). The training will be conducted by the State Ministry of Health. During 2015 the Trainers will train the committees of the health facilities, Vaccinators and Community Health Workers in their Payam.

## **3. Equipping health facilities**

A list of needed equipment was compiled in collaboration with the County Ministry of Health and medical personnel from the facilities. The equipment will be ordered during December 2014 and will be distributed during January 2015. The list was compiled with three objectives in mind:

- Reduction of the high mortality rate of mothers and children.
- Initiate emergency medicine in the County.
- Equip the health facilities with required equipment.

## **4. Main challenges**

- Condition of the roads – the condition of the roads to Terekeka and in the county itself are very bad and during the long rainy season some are blocked and some are extremely challenging which cause accessibility challenges and can increase the cost of transporting the participants and the trainers.
- Training hall – there is only one available training hall in Terekeka which is very small.
- Level of medical background of the participants – there was a gap in medical background between the groups and in the groups this gap challenged the trainers to adapt to the level of the trainees.



## 5. Pictures



Noam Lavi (trainer) in the training hall



Participants raise awareness in a local school about Family Planning



Hand Hygiene



A group with participation certificates



Practicing Basic Life Support on a CPR doll



Practical vaccination in the immunization center